



SUMMER WORKSHOP 2015

Atlantic Dance offers several workshops each summer. The sessions are designed and instructed with a mind towards enhancing the skill level of each student who attends. Attention to strength and flexibility and improved technique is accented in a fun and non-stressed atmosphere.

Each day our students participate in a traditionally structured ballet class spotlighting proper technique with explanations of ballet history and terminology. Tap and jazz combination classes are included as well. Older students practice progressions and turns. Basic tumbling skills are taught to younger students.

We also focus on music appreciation exercises that draw attention to different types of music and what kinds of movement fit different melodies, tempos and percussion. We watch short performance videos and a dance related craft project is scheduled for each four-day session. Everyone loves "summer dance" at Atlantic Dance.

Registration forms, dates and pricing are available at the studio.

